

STATE ELECTION 2014

Hawks yoga session has many benefits

By MANIKA DADSON

HAWTHORN, children and yoga aren't three words you normally hear in the same sentence — but they were all in the same room at Ravenswood yesterday.

Four Hawthorn players visited the Ravenswood Child and Family Centre yesterday to join grades 1 and 2 Ravenswood Primary School pupils for a Yoga for Kids session.

The team has stayed on in the state since its win over North Melbourne at Aurora Stadium on Friday night for three days of community camps.

Yesterday's yoga session was a first for most of the children, but was something Hawthorn players Liam Shields, Ben McEvoy, Jack Gunston and Kyle Cheney had all previously had a go at.

"I'm still a bit sore from the game, so it was a good recovery and the kids are loving it," new recruit McEvoy said.

The weekend's trip was McEvoy's first trip to Tasmania as a Hawthorn player after playing for St Kilda for the past five years.

"I couldn't speak more highly of how I've been received," McEvoy said.

"It's a strong and well-run club and it's been really easy to slot in."

McEvoy said he had loved the community camps and being able to meet all his Tassie fans.

"The Hawks have a great relationship with their fans down here and it's been a lot of fun," he said.

The Yoga for Kids session was put on by Active Launceston.



Hawks ruckman Ben McEvoy enjoys some yoga with Jessica Scollard, 6, and Ebony Burles, 7, of Ravenswood Primary School.

Picture: PAUL SCAMBLER